



GARMIN
NOOSA
 TRIATHLON

40
 YEARS

BIKE AND RUN COURSE

LEGEND

- 2XU SWIM COURSE - 1.5KM
- BIKE COURSE - 40KM
- ASICS RUN COURSE - 10KM
- TRANSITION
- SWIM START
- FINISH
- WATER STATION
- AID STATIONS
- KING OF THE MOUNTAIN
- ENTERTAINMENT
- FIRST AID
- PENALTY BOX

